

Record numbers of societies and patient organisations set to support IDoR

Monday, September 15, 2014 (ESR) – Radiology will be in the spotlight on November 8, as radiologists celebrate the International Day of Radiology (IDoR) through a series of events and information campaigns to help the public better understand the role of medical imaging in healthcare.

After successful runs in 2012 and 2013, in which 110 radiology and medicine-related societies joined the initiative, IDoR promises to reach new heights with more participants than ever. Over 40 European national radiology societies have already confirmed their participation, as well as 20 North American, 12 Latin American and 10 Asian societies. For the first time, five African societies, representing 26 countries, will also take part in the initiative.

IDoR is organised around a different theme each year; in 2012 it was cancer imaging, in 2013, lung imaging, and this year it will be brain imaging. Many societies will organise their own activities, such as press conferences, public lectures, media outreach and open days at hospitals to help build greater awareness of the value of imaging in brain disease detection, diagnosis and management.

Last year saw the beginning of close cooperation between the European Society of Radiology (ESR), one of the organisers of IDoR, and patient organisations. This collaboration followed the establishment of the ESR Patient Advisory Group for Medical Imaging, to foster dialogue with patient groups at the European level.

Building on this experience, patient organisations have again been invited to take part and will inform the public of radiology's relevance in fighting brain diseases. "This year's IDoR, focusing on brain imaging, should highlight that radiology also plays a role in the management of brain disorders – and it is not just the domain of neurology. IDoR should also provide an example of best practice in highlighting collaboration between health professionals and patient organisations," said Donna Walsh, Executive Director of the European Federation of Neurological Associations (EFNA).

The Stroke Alliance for Europe (SAFE) has also chosen to support the initiative and hopes it will shed a light on imaging's role in stroke management. "The problem with stroke is the lack of information and education in how to prevent, recognise and proceed. More awareness is needed on the potential role of radiology in the diagnosis, management and treatment of the various neurological disorders. IDoR can help if it speaks in the patient's language, and tries to inform about the need to call first aid immediately and to be within the shortest time in a stroke unit, where important treatments are routine work," said Manuela Messmer-Wullen, SAFE liaison officer and President of the Austrian Stroke Self-Help Association (SHÖ).

Last but not least, the European Patients Forum, which supported IDoR last year, will do the same this time around.

The ESR Office has produced two booklets together with international prominent experts. One of the booklets has been created in cooperation with the European Society of Neuroradiology and covers the role of imaging in the five major diseases of the brain: brain tumour, stroke, Alzheimer's disease & dementia, Parkinson's disease and multiple sclerosis. It contains chapters on research in brain imaging and radiotherapy in brain malignancies written by experts chosen by the American College of Radiology and the European Society for Radiotherapy & Oncology.

The other book has been produced in cooperation with the International Society for the History of Radiology, the third volume of the Story of Radiology, which continues the series launched in 2012. The chapters of the book focus on topics as varied as the origins of medical physics, Marie Curie and the Radium Institute, the history of MRI, photography and radiology, and military radiology during the First World War.

IDoR is an initiative of the ESR, the Radiological Society of North America (RSNA) and the American College of Radiology (ACR), who chose November 8 to commemorate the day Wilhelm Conrad Röntgen discovered x-rays in 1895. The initiative has received the renewed support of radiographers, who also celebrate World Radiography Day on the same day. IDoR's objective is to draw public attention to the medical and scientific benefits of medical imaging and the level of expertise required to practise radiology.

"The International Day of Radiology is a unique opportunity to stress the relevance of our discipline in healthcare not only to the public and the patients, but also to the health policy decision makers. This year, we are particularly happy to welcome a larger number of national societies, whose contribution is crucial to the development of the initiative," said Professor Lorenzo Bonomo, ESR President.

National societies have become very involved in IDoR, and as many as 30 European and seven Latin America societies have appointed an expert to answer some of the patients' most frequently asked questions about brain imaging. These interviews, as well as an information pamphlet, will be published on the IDoR website and distributed by the participating societies.

IDoR has received the full cooperation and involvement of the International Society of Radiology, as well as umbrella organisations from all continents, including the Asian Oceanian Society of Radiology, the Colegio Interamericano de Radiología, the Royal Australian and New Zealand College of Radiologists, and the Radiological Society of South Africa, which also represents neighbouring countries, as well as the European Federation of Radiographer Societies.

All the key information about the International Day of Radiology, including this year's booklets and the four published in 2012 and 2013, can be found on the official International Day of Radiology website: www.internationaldayofradiology.com

To keep up to date with the latest news about the International Day of Radiology, visit the International Day of Radiology Facebook page.

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